

Carson Elementary School "Building Future Leaders"

NEWSLETTER

1255 Graham Avenue Quesnel, BC V2J 3E2 Phone: 250-992-6821 Fax: 250-992-7971 www.carson.sd28.bc.ca

Principal's Message

Welcome back everyone! After 6 quiet months, our school is now busy with the sounds of children! We are very happy to welcome the students back. Orientation week went well, with students and staff reviewing our new health and safety guidelines.

We welcome our new students, and our Kindergarten students, who started on Monday, September 14.

Thank you for your patience as we implement our new health and safety guidelines. We use the COVID-19 Public Health Guidance for K-12 School Settings guidelines from the BC Centre for Disease Control and Ministry of Health. They are continuously updated as new research and information is available, and as such, our School and School District plans will be updated as the guidelines are updated. We recognize it is a big change, and appreciate your understanding.

This year will look different, but we know that with our terrific students and staff, it will be a great year!

Mrs. A. Gauthier

Student Arrival & Dismissal It is very important that students arrive to school on time, so that they can enter the school with their classmates and follow the handwashing procedures.

Our warning bell rings at 8:20 a.m. in the morning. To reduce congestion of people on our playground, we ask that parents/guardians drop off their children at the sidewalk, and that students arrive as close to 8:20 a.m. as possible. If students arrive prior to the warning bell, they are to report to their classroom meeting spot.

Our health and safety plan asked that parents/guardians stay off the school grounds when dropping off their children. This reduces physical contact and allows us to follow the health and safety guidelines. Parents of K/1 parents may wait by the yellow-lined drop-off area to support their children if needed.

At the end of the day students are to walk to parents/guardians who are picking up or immediately walk/bike ride home.

We appreciate your support of our new health and safety procedures.

IMPORTANT ALLERGY NOTICE

<u>Carson is a FISH/SHELLFISH FREE SCHOOL</u> Due to severe allergies that staff and students have in our school, we are a FISH/SHELLFISH (all fish, scallops, shrimp, tuna, salmon, crab, etc. FREE SCHOOL. These allergies are airborne and life-threatening. We appreciate your assistance in ensuring NONE of these foods are brought to the school. Principal: Ms. Angelina Gauthier Secretary: Ms. Lisa Audet

SCHOOL HOURS: Start Time: 8:20 a.m. (warning bell) School Starts: 8:25 a.m.

Recess 1: 10:00-10:15 - Mrs. Bright/Mrs. Cronkhite/Mrs. Favron

<u>Recess 2</u>: 10:30 to 10:45 -Mrs. Campbell, Mrs. West, Mr. Cronkhite, Mr. Doucette Lunch Hour: 12:00 - 1 p.m. Dismissal: 2:33 p.m.

Upcoming Dates

Sept. 30 Orange Shirt Day

Oct. 6 (Tuesday) Photo Day (Retake day will be November 4)

Oct. 12 Thanksgiving Stat (No school)

Oct. 23 Pro-D Day (No school for students)



Indoor Shoes Please help us keep our school's floors shiny and clean by providing your child with a pair of indoor shoes. This ensures the mud, sand and dirt from the playground does not come into our classrooms. Shoes should be nonmarking soles suitable for P.E. **The Carson Elementary PAC (Parent Advisory Council)** is an important voice for parents and families. Their involvement provides fun events, funding activities and field trips for our students. The PAC always welcomes parents/guardians at their monthly meetings. *If you wish to be involved or have any questions, contact PAC President, Tamara Pelletier at 1-250-612-9914.* The next PAC meeting date will be announced soon.

After School or Attendance Changes Parents and guardians, please let us know if:

- your child's bus drop-off location will change
- if a different person will be picking up your child at the end of the day
- if your child will be walking to a different location at the end of the day
- if your child will be leaving during the course of the day
- if your child will be late for school
- if your child will be absent from school

Please put a quick note in the planner, send a note, e-mail, or make a phone call. It is very helpful that we know of any changes as early in the day as possible. Try to have your child aware of after school arrangements in the morning and write a note in the planner. Thank you.

<u>Newsletters</u> Newsletters are sent by email and are posted on FaceBook and the school website. Please review your child's verification form for your current email address so that we can be sure you are receiving the newsletter. Paper copies are available at the office if preferred.



Carson Elementary is proud to take part in this year's 40th Anniversary of Terry Fox's Marathon of Hope. Terry challenged all Canadians to donate \$1. We usually do a loonie drive, but due to COVID-19 measures, we ask you show your support by donating through the link: <u>http://www.terryfox.ca/</u> <u>CarsonElementary</u>.

Thank you for your supporting our school in the fight against cancer and continuing Terry's legacy!



<u>Orange Shirt Day – September 30</u>

September 30th has been declared Orange Shirt Day. Orange shirt day is recognized in our community as a tribute to those who were impacted by the residential school system, and what it did to children's sense of self–esteem and well–being. This day is an affirmation of our commitment to reconciliation between Aboriginal and non-Aboriginal people. We will hold our Orange Shirt Day on Wednesday, September 30th. Please wear orange to show that every child matters.



MESSAGES

We will do our best to deliver URGENT messages to your children. We ask that you contact the school no later than 2:00 p.m. to enable us to deliver these messages before dismissal. Please give messages to your children before they leave for school if at all possible. Thank you.

Electronics Policy A reminder that there is a no personal electronics policy in all School District 28 elementary schools. This is for personal use and includes at school, on field trips, and sports events. Unless a teacher is supervising the use of electronics for a class assignment, students are not to use electronics. We ask students to leave all electronic devices, including IPods, portable game systems, and cell phones at home. If your child must bring a cell phone to school, please contact Mrs. Gauthier so we can discuss a plan for your child. If your child brings and uses a personal electronic device on school property during school hours, it will be held in the office until a parent or guardian can come and pick it up. Thank you for your assistance.

Verification Forms Verification forms have been sent home. If you have not already done so, please review these carefully. It is important that we have up to date phone numbers, e-mail addresses, emergency contacts, and medical alerts for your child. We ask that you sign and return them as soon as possible. Thank you to all who have completed this review and returned the form so quickly!



School Photos

Steeve Caron of Right Photography

will be here on Tuesday, October 6th to take individual student photos. Photo packages will be sent home.

Scent Free

Just a reminder that all schools in the District are scent free environments. We have several people with allergies so it is important that we refrain from using perfumes or highly scented products. We appreciate everyone's cooperation to make our school a safe environment for everyone. **Recycling** We are now only recycling paper and cardboard at our school. All recyclables that students bring will be sent home for recycling. We still believe that we need to take care of the environment, but in order to reduce contact points, we are asking all stu-

dents to take home everything from their lunch and then families can recycle the plastic wrappers, plastic containers, and tin. Thank you for helping us ensure that recycling makes it to the right place!



Hot Lunch and Food Sharing

Due to our new safety plan restrictions, there will be no PAC Hot Lunch until further notice. In addition, please do not send items for your child to share. Unfortunately this will include birthday treats, like cupcakes. Thank you for your understanding.

District Lunch Program

Our District Lunch program is for families in financial need. If this is a program you need to access for your child, please call Mrs. Gauthier at 250-992-6821. The program begins on Monday, Sept. 21.

Stay Home When New Symptoms of Illness Develop

Students and staff should stay at home when new symptoms of illness develop. The key symptoms to watch for are fever, chills, cough, shortness of breath, loss of sense of smell or taste, nausea, vomiting and diarrhea.

If the staff or student (or their parent) indicates that the symptoms are consistent with a previously diagnosed health condition and are not unusual for that individual, they may return to school. No assessment or note is required from a health care provider.

For mild symptoms without fever, students and staff can monitor at home for 24 hours. If symptoms improve, they can return to school without further assessment. If symptoms include fever, or if after 24 hours, symptoms remain unchanged or worsen, seek a health assessment. A health assessment can include calling 8-1-1, a primary care provider like a physician or nurse practitioner, or going to a COVID-19 testing centre.

Daily Health Check (Updated CDC Guidelines)

Appendix C: Daily Health Check Example

	Daily Health Check						
 Key Symptoms of Illness* 	Do you have any of the following new key symptoms?	CIRCLE ONE					
	Fever	YES	NO				
	Chills	YES	NO				
	Cough or worsening of chronic cough	YES	NO				
	Shortness of breath	YES	NO				
	Loss of sense of smell or taste	YES	NO				
	Diarrhea	YES	NO				
	Nausea and vomiting	YES	NO				
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO				
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO				

The following is an example of a daily health check to determine if you should attend school that day.

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.



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These allergies are airborne and life-threatening. We appreciate your assistance in ensuring NONE of these foods are brought to the school. Thank you.

Extremely reactive to the following foods

Please look for the following ingredients:

- > Worcestershire sauce
- > Anchovies or anchovy paste
- > Fish/shellfish of any kind.

The following list contains common items these ingredients are hidden in:

- Soy Sauce
- Microwave dinners
- Chinese food (it's all cooked with a fish sauce or on the same cooking surface)
- Caesar salad dressing
- Coleslaw dressing
- B.B.Q sauce
- □ Stir-fry sauce
- Soup stock or base
- 🛛 Mr. Noodles
- Pepperoni and beef jerky
- 🛛 Wine
- Rice crackers
- 🛛 Beef Dip

For anyone with airborne allergies, even the slightest smell of these foods can put them into anaphylaxis.

School Calendar 2020-2021



School District #28 Quesnel
401 North Star Rd. Quesnel, BC V2J 5K2 Phone: 250 992-8802 Fax: 250 992-7652
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Listing of Non-School Days:

Sep 7: Labour Day

Sep 8: NI Day (no school for students)

Sep 9: Back to school (1/2 day for students) Oct 12: Thanksgiving Oct 23: Provincial Pro-D Day (no school for students)

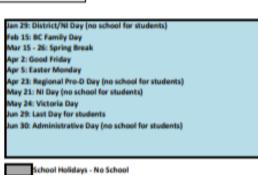
Oct 27 & 28: Early closures (to facilitate Parent Teacher Interviews)

Nov 11: Stat Holiday - No School

Nov 27: NI Day- Aboriginal (no school for students) Dec 21 - Jan 1: Winter Break

an 4: Students back from Winter Break

Professional, District, Ministry, Non Instructional Days - No School Statutory Holidays - No School



Early Closure Day 1/2 day attendance for students