

# **Carson Elementary School**

"Building Future Leaders"

# NEWSLETTER

DECEMBER 2020

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www.carson.sd28.bc.ca

### Principal's Message

At Carson we encourage our students to show expected behaviours and choose kindness. Recently, students have helped create a Kindness Tree in our front entrance. It is filled with handprints with kind words or phrases.

This term, life at Carson has looked different, but students still have many opportunities to develop their social-emotional skills and showcase their strengths. Each month our school has a successful learner trait, to help teach our students strategies to shape character and create a positive school culture for our students.

For the months of December and January, we will be growing our gratitude by adding leaves, with words of things we are grateful for, to our Gratitude Tree. Students will also have a chance to express their gratitude to others by handing out compliment cards, which will acknowledge the positive behaviours and character traits in others.

Other things that were happening in our school this term:

- Mr. Cronkhite's gr. 2/3 students are making volcanoes,
- Ms. Favron's gr. 7s are making hoop-dancing hoops and learning how to hoop dance,
- Mrs. Campbell's gr. 4 class are taking their learning outside for PE
- Ms. Bright's K/1 and Ms. Favron's gr. 7 class are virtual buddies, and created an advent calendar together,
- Mrs. Cronkhite's gr. 1/2 class learned how to do Metis jigging and presented at our December assembly,
- Mr. Doucette's gr. 5/6 class created Google Slide projects about the planets, and
- Mrs. West's gr. 5/6 class has been creating many types of poetry.

I wish you all a wonderful holiday season filled with fun memories and stay safe. Mrs. A. Gauthier

#### **IMPORTANT ALLERGY NOTICE**

#### Carson is a FISH/SHELLFISH FREE SCHOOL

Due to severe allergies that staff and students have in our school, we are a FISH/SHELLFISH (all fish, scallops, shrimp, tuna, salmon, crab, etc. FREE SCHOOL. These allergies are airborne and life-threatening. We appreciate your assistance in ensuring NONE of these foods are brought to the school.

Principal: Ms. Angelina Gauthier Secretary: Ms. Lisa Audet

SCHOOL HOURS:

Start Time: 8:20 a.m. (warning bell)

School Starts: 8:25 a.m.

Dismissal: 2:33 p.m.

(Attendance is taken)

School Starts: 8:25 a.m. Recess 1: 10:00-10:15 - Mrs. Bright/Mrs. Cronkhite/Mrs. Favron Recess 2: 10:30 to 10:45 - Mrs. Campbell, Mrs. West, Mr. Cronkhite, Mr. Doucette Lunch Hour: 12:00 - 1 p.m.

#### **Upcoming Dates**

Dec. 10 Wacky Winter Sweater or Christmas Sweater School Spirit

Dec. 10 Deck the Doors and Halls

Dec. 18 Pajama Day and Read-in

**Last day before Winter Break** 

Jan. 4, 2021 **School Recommences** 



#### Winter Break

School will not be in session from Monday, December 21 through to Friday, January 1, 2021.

Students will be back in classes on Monday, January 4, 2021.

# **Connect with Carson**



Carson Elementary School has a Facebook page to help keep you updated with current happenings and events. Search **Carson Elementary School** and like our page to keep informed! Also, follow the **Carson PAC** Facebook page for information and updates on PAC activities.

Come visit our website! It provides another platform to keep everyone updated! <a href="https://carsonelementary.weebly.com/">https://carsonelementary.weebly.com/</a> (or access through http://www.sd28.bc.ca/)



Deck the Halls in Wacky Winter Sweaters... Thursday December 10

Students and staff will be making our hallways more festive as we Deck the Doors and Halls for the winter and holiday season. We encourage students to dress up in their wackiest winter or Christmas sweater for this day!





# THE MIDDLE YEARS DEVELOPMENT INSTRUMENT (MDI) IS COMING TO YOUR SCHOOL IN JANUARY/FEBRUARY!

SD28 has partnered with the Human Early Learning Partnership (HELP) at the University of British Columbia to measure and promote children's social and emotional development, health, well-being, and assets through the Middle Year Development Instrument (MDI). The Middle Years Development Instrument (MDI) is a self-report questionnaire that asks children in middle childhood about their thoughts, feelings and experiences. The MDI is the first survey of its kind to gather information about the lives of children both in school, in the home and in the community, from their own perspective. The survey questions align with the BC Ministry of Education's K-12 curriculum, which includes a focus on promoting children's personal and social competencies.

Grade 7 students are invited to complete the MDI during class time between: January  $11^{th}$  and March  $5^{th}$ , 2021.

For more information and to view the questionnaires: <a href="http://earlylearning.ubc.ca/mdi/">http://earlylearning.ubc.ca/mdi/</a>

Parent FAQs:http://earlylearning.ubc.ca/mdi/parent-guardian-resources/

If you don't want your child to participate please contact your child's teacher, fill out the withdrawal form at the end of the parent/guardian informed passive consent letter, or contact the MDI project staff at <a href="mailto:mdi@help.ubc.ca">mdi@help.ubc.ca</a>.

# Successful Learner Trait for December & January - Gratitude

We all know gratitude for kids is important. We encourage them to say thank you to others, know that good manners are important, and showing others that we appreciate them makes them feel happy and loved. Just like kindness, expressing gratitude also has benefits for the person expressing it, and not just for the receiver.

Studies show that gratitude for kids can be a very powerful tool, with lots of benefits to mental and physical health. They include:

- Higher levels of happiness and optimism
- Improved sleep
- Less stress and an improved ability to cope with stress
- Fewer physical problems
- Reduced depression
- Less aggression
- · Increased self esteem
- Improved resilience

For the months of December & January, our successful learner trait will focus on gratitude. We will be doing several activities to cultivate gratitude around our school and improve the skill of gratitude in our students.

#### Carson Spirit Wear Carson School Spirit Wear (Hoodies, Shirts, Etc)

We will not be placing a group order until 2021..... but there is good news! You can contact Ideal Embroidery directly, and they will make a special school clothing order for you. You will have to pre-pay for your items, and pick up directly at their store. You must place your order with the store by November 27th at the latest. The phone number at Ideal Embroidery is 778-763-1010.

You can look at pricing and items at <a href="www.idealembroidery.ca">www.idealembroidery.ca</a> custom shops and use this log in on the custom shops tab:

Username: idealshop Password: cesd28



#### **Report Cards**

Report cards for Term 1 will be sent home on Wednesday, December 16th.





It's starting to feel a lot like Winter! Our school district policy is that students go outside at recess and lunch if the temperature is -15C or warmer. Sometimes we even go out at recess when it is -16C or -17C to get some fresh air. Please make sure your child is dressed for the weather.

Elementary PAC (Parent Advisory Council) is an important voice for parents and families. The PAC always welcomes parents/guardians at their monthly meetings.

The Carson